



mom entrepreneurs

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Are you a mom entrepreneur trying to do it all? I and started my first full time business (an eco-friendly t-shirt company called Tees for Change), a month before giving birth to my first baby, so I had to quickly learn how to balance it all. At first I was only working when my son was napping, which was great when he slept most of the time! But as he got older and his nap time decreased (and then soon disappeared), I found myself scrambling to get work done.

I started reaching out to other mom entrepreneurs asking them to share their **work-life balance tips** with me and what I discovered was fascinating – there is no ONE WAY (that works for everyone) to balance it all and some mom entrepreneurs don't even believe that there is such a thing as work-life balance (and I tend to agree!). Sometimes we have to work more and sometimes we have to spend more time with our families – it's a give and take, but there are some things you can do to make it all a bit more manageable.

Here are some tips from mom entrepreneurs and I'd love to hear your tips as well. Read through the tips below and then leave a comment with YOUR tip for work-life balance.

My one tip for balancing motherhood while running a business is to be flexible and expect and accept interruptions. Finding a balance between motherhood/family and business is challenging. The benefit is your schedule is flexible and you choose when you work. This means that I can visit the kids at school for school activities and parties as well as chaperone class trips. The trade off is when I have a tight deadline, I stay up until the wee hours finishing my work. - Amy Marks-McGee, Trendincite LLC

